Small Volume Grain Mills

As farmers, gardeners, and consumers have shown increased interest in preparing their own grain flour from whole seeds, Jefferson Institute staff conducted an Internet search of products that can serve as table-top grain grinders. The Institute has not tested these products, and listing the companies here does not constitute an endorsement.

The following list includes a variety of websites that sell both electric and hand crank grain mills. Mills are available at a variety of prices. Hand crank mills range in price from \$40-\$325, while electric mills are available for \$160-\$430. Both stone and steel mills are available. Operation speeds vary from model to model from 1-4 minutes per cup of flour, and hopper capacities vary from 2-7 pounds. Additionally, various attachments, which allow the mills to grind larger seeds such as coffeebeans or even grind meat are available for purchase.

Homestead Products

Kooskia, ID <u>www.homestead-products.com/mills.htm</u> 208-926-7137

Kansas Wind Power

13569 214th Road Holton, KS 66436 www.kansaswindpower.net/Grain_Mills.htm 785-364-4407

Katherine's Kitchen Emporium

32A Friendship Street Westerly, RI 02891 www.kitchenemporium.com/info/18grain_mill.h tml 1-888-858-7920

Lehman's

One Lehman Circle P.O. Box 41 Kidron, OH 44636 www.grain-mills.com 1-888-Get Lehmans

Nutrition Lifestyles

2636 Shaw Rd Gilmer, TX 75645 www.nutritionlifestyles.com/grainmills.htm

Online Health Products 387 Yellowstone Ave.

Pocatello, ID 83201 www.dhi.com/mills.html 1-800-789-1577

Open Chute, Inc.

5221 West Montebello Drive, Ste B-15 Glendale, AZ 85301 www.juiceandgrain.com/grainmills.asp 1-800-259-3014

TJ Plus

PO Box 109 Mansfield, MO 65704 www.juicebars.com/grainmills 1-888-320-9879

Urban Homemaker

The Urban Homemaker PO Box 72 Paonia, CO 81428 <u>www.urbanhomemaker.com/items/grainmills</u> 1-800-552-7323

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